

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Color Code

Red-Spiritual

Blue-Entertainment

Purple-Therapy

Orange-Exercise

Green-Fun Food

Brown- 1:1's

January 2026

"The Best is Yet to Come"

Programming will be Unit B unless specified otherwise

Martin Luther
King Jr.
1929 - 1968

**HAPPY NEW YEAR!**

Welcome January!

9:00am Coffee and Daily Chronicle
10:00am New year's Resolutions
11:00 What's new in the news? TV
1:00pm 1:1's A & B hall
2:00pm Refreshments
2:30pm Lets stretch out
3:00pm New Years BINGO!!

New Year's Day

**National Georgia state day!**

9:00 Coffee and Cocoa
9:30 Daily Chronicle reading
10:00 Happy Birthday Georgia! History of the state of Georgia.
10:30 Ray Charles song "Georgia on my mind" YouTube
1:00pm 1:1's A & B hall
2:30 Bingo
4:00pm Dinner and a Movie "RAY"
4:30pm Peach Parfaits

9:00 Morning Coffee & weekend news
10:00 Morning Devotion
10:30 Earth Odyssey
11:00 Saturday Stretching
11:30 Story Time
2:30 Bingo
4:00pm Game Time w/Dre
5:00pm Evening News TV

National Trivia Day 4
9:30 Living Waters Church!
10:00 Coffee Social Hour
10:30 Music Trivia
11:00 Sunday Stretch
1:30 Bible trivia YouTube
2:30pm Refreshments
4:00 60's-80's Movie Trivia

National Hamburger Day! 5
9:00am Coffee & Daily Chronicle
9:30 What's for Lunch?
9:45 Morning Stretch
10:00am Hamburger Anyone?
10:00 Table Talk - Weekly Update
10:30 "Twelfth Night" Undecorated
11:00 Saxophone with Louie!
1:00pm 1:1's A & B hall
2:30 Bingo
4:00pm Pre dinner relaxation

9:30 Morning stretch 6
10:00 Rolling around the world - New Mexico
10:30 Poplar Springs Baptist Church!
11:30 Name that tune YouTube
1:00pm 1:1's A & B hall
2:30pm Music with Andy and Treats by Tammy!
4:00 Mocktails

9:00am Coffee & Daily Chronicle 7
9:30 Wednesday Devotion and discussion.
10:00 Move it or lose it! Chair dance
11:00 Northern Lights Painting with Cathryn!
1:00pm 1:1's A & B hall
2:30 Hump Day Bingo
5:00pm Worship w/ Amanda

Happy Birthday Elvis 8
9:00am Coffee & Daily Chronicle
9:30 Who is Elvis?
10:00 Worship with Nancy!
1:00pm 1:1's A & B hall
2:00pm "Elvis's Favorite food" Grilled Peanut butter & banana sandwiches
3:00 ELVIS BINGO!
4:30pm Elvis Pressley Movie

9:00 Coffee and Cocoa 9
9:30 Thank You Blue! make bags for law enforcement
11:00am Captain Jack Entertainment
1:00pm 1:1's A & B hall
2:30 Bingo
4:00pm KARAOKE FUN!!
5:30 Evening Stretch
7:30pm Peach Bowl CH 37

9:00 Morning Coffee & weekend news 10
10:00 Thomas Heights Baptist Church
11:00 Saturday Stretching
11:30 Story Time
2:30 New Galilee Baptist Church!
4:00pm Ice Cream Social

9:30 Living Waters Church! 11
10:00 Coffee Social Hour
10:30 What Am I?
11:00 Sunday Stretch
1:30 Elevation Worship YouTube
2:30pm Refreshments
3:00 Book Club reading

National Hot Tea Day. 12
9:00am Hot tea & Coffee
9:30 What's for Lunch?
10:00 Table Talk - Weekly Update
10:30 "Put your John Hancock Here"
11:00 "Move it or lose it"
1:00pm 1:1's A & B hall
2:30 Bingo
4:00pm What's in a Name?
4:30pm "Pre dinner relaxation" Hot beverage & soft music

Ring Ring Day! Telephone 13
9:00am Morning Java
9:30 Morning Yoga
10:00 Alexander Graham Bell History
10:30 "Let me tell you something in your ear" game
10:30 Trip down Memory Lane
1:00pm 1:1's A & B hall
2:00pm "Bells are ringing" Classic 1966 Movie with popcorn
4:00 Movie Questions!

9:00am Coffee & Daily Chronicle 14
9:30 Wednesday Devotion and discussion.
10:00 Move it or lose it! Ball throw
11:00am Music Trivia YouTube
1:00pm 1:1's A & B hall
2:00pm Music Therapy w/ Allen
2:30 Hump Day Bingo
4:00 Board games/ Card games
5:00pm Evening 1:1's

It's a Happy Day! Debut of the show "Happy Days" 1974 15
9:00am Coffee & Daily Chronicle
9:30am "Happy days" show YouTube
11:00 Winter activity w/ Misty
1:00pm 1:1's A & B hall
2:30pm BINGOCIZE Program
4:00 Meditation & Mindfulness

National Fig Newton Day. 16
9:00 Coffee, Cocoa & Current events
9:30 Move it or lose it!
10:00 Dragon Day
10:30 How to Train Your Dragon
1:00pm 1:1's A & B hall
2:30 Fig Newton Bingo
4:00pm Dinner and a Movie
5:00pm Evening 1:1's

9:00 Morning Coffee & weekend news 17
10:00 Morning Devotion
10:30 Bingo
1:30 Saturday Stretching
2:30pm BINGO
4:00pm Game Time w/Dre
5:00pm Evening News TV

9:30 Living Waters Church! 18
10:00 Coffee Social Hour
10:30 Tulip Day Holland tour
11:00 Sunday stretch
1:30 Bible trivia YouTube
2:30pm Refreshments
4:00 Drumming Therapy
5:00 Reminiscences

9:00am Coffee & Daily Chronicle 19
9:30 What's for Lunch?
10:00 Table Talk - Weekly Update
10:30 The Voice Heard Around the World
11:00am What does this day mean to you?
11:30 Lets Wake Up & Stretch
1:00pm 1:1's A & B hall
2:30 Bingo
4:00pm "SELMA" movie Martin Luther King Jr. Day

Disco Day! 20
9:00am Morning Java
9:30 Morning stretch
10:00 "Saturday night fever" Movie w/ Popcorn
1:00pm 1:1's A & B hall
2:00 How did Disco Start? YouTube
2:30 "The great Ronaldo" Magician Entertainment & BIRTHDAY PARTY!
4:00 Coloring Therapy

SC Dog Therapy Day. 21
9:00am Coffee & Daily Chronicle
9:30 Wednesday Devotion and discussion.
10:00 Therapy Dogs community
10:30 Move it or lose it! Chair dance
1:00pm 1:1's A & B hall
2:30 Hump Day Bingo
4:00pm RESIDENT COUNCIL
5:00pm Worship w/ Amanda

9:00am Morning Java & World news 22
10:00 SCOTTERCIZE W/ Scott
11:00
1:00pm 1:1's A & B hall
2:00pm Bays Southern Gospel entertainment
4:00 Meditation & Mindfulness
5:00pm Trip down Memory Lane YouTube

9:00 Coffee, Cocoa & Current events 23
9:30 Move it or lose it!
10:00 We love Rock N' Roll
11:00 Saxophone with Louie!
1:00pm 1:1's A & B hall
2:30 Bingo
4:00 KARAOKE FUN!!
5:00pm Dinner and a Movie
5:00pm Evening 1:1's

9:30 Morning Coffee & weekend news 24
10:00 Morning Devotion
10:30 Earth Odyssey
11:00 Saturday Stretching
11:30 Story Time
2:30 Bingo
4:00pm Ice Cream Social

9:30 Living Waters Church! 25
10:00 Coffee Social Hour
10:30 Bible Trivia Youtube
11:00 Sunday Stretch
1:30 Elevation Worship YouTube
2:30pm Refreshments
3:00 Book Club reading

ACTIVITY PROFESSIONAL WEEK 26
9:00am Coffee & Daily Chronicle
9:30 What's for Lunch?
10:00 Table Talk - Weekly Update
10:30 Wheatless and Meatless Day WW2
Get ready to taste the past!
11:00 "Move it or lose it"
1:00pm 1:1's A & B hall
2:30 Bingo
4:00pm What Activity professionals really do YouTube

National strange socks day. 27
9:00am Morning Java and world news
9:30 Morning Yoga
10:00 Lets create some crazy socks! craft
1:00pm 1:1's A & B hall
2:00pm "Sock it to me" fashion show!
3:00 Refreshments
4:00 Board Games/ Card games
5:00pm Evening 1:1's

9:00am Coffee & Daily Chronicle 28
9:30 Wednesday Devotion and discussion.
10:00 Move it or lose it!
11:30 Midway Church of God!
1:00pm 1:1's A & B hall
2:00pm Music Therapy w/ Allen
2:30 Hump Day Bingo
4:00pm Mocktails
5:00pm Evening 1:1's

Disney Day 29
9:00am Morning Java & World news
9:30 The benefits of doing Puzzles
10:00 Lets do a puzzle together
11:00 Name That Disney Tune! YouTube
11:30 "Sleeping Beauty" Movie
1:00pm 1:1's A & B hall
2:00 Crockpot Cobbler!!
4:00 Afternoon stretch
4:30 Pre dinner relaxation

Have FUN @ WORKDAY!! 30
9:00 Coffee, Cocoa & Current event
10:00 Move it or lose it!
10:30 Boo Boo the Clown
11:30 Fun Filters Friday!!
1:00pm 1:1's A & B hall
1:00pm Walking Tacos W/ Misty & pictures in Staff breakroom & Unit B
2:30 Bingo
4:00pm Dinner and a Movie
5:00pm Evening 1:1's

9:30 Morning Coffee & weekend news 31
10:00 Morning Devotion
10:30 Earth Odyssey
11:00 Saturday Stretching
11:30 Story Time
2:30 Bingo
4:00pm Game Time w/Dre
5:00pm Weekend Movie