

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Color Code

Red-Spiritual

Blue-Entertainment

Purple-Therapy

Orange-Exercise

Green-Fun Food

Brown- 1:1's

# January 2026

**"The Best is Yet to Come"**

Programming will be Unit B unless specified otherwise



<b>National Trivia Day</b> 4 <b>9:30 Living Waters Church!</b> 10:00 Coffee Social Hour 10:30 Music Trivia <b>11:00 Sunday Stretch</b> <b>1:30 Bible trivia YouTube</b> 2:30pm Refreshments 4:00 60's-80's Movie Trivia	<b>National Hamburger Day!</b> 5 9:00am Coffee & Daily Chronicle 9:30 What's for Lunch? <b>9:45 Morning Stretch</b> <b>10:00am Hamburger Anyone?</b> 10:00 Table Talk - Weekly Update 10:30 "Twelfth Night" Undecorated <b>11:00 Saxophone with Louie!</b> 1:00pm 1:1's A & B hall 2:30 Bingo 4:00pm Pre dinner relaxation	<b>9:30 Morning stretch</b> 10:00 Rolling around the world - New Mexico <b>10:30 Poplar Springs Baptist Church!</b> 11:30 Name that tune YouTube 1:00pm 1:1's A & B hall 2:30pm Music with Andy and Treats by Tammy! 4:00 Mocktails	<b>9:00am Coffee &amp; Daily Chronicle</b> <b>9:30 Wednesday Devotion and discussion.</b> 10:00 Move it or lose it! Chair dance <b>11:00 Northern Lights Painting with Cathryn!</b> 1:00pm 1:1's A & B hall 2:30 Hump Day Bingo 5:00pm Worship w/ Amanda	<b>9:00am Coffee &amp; Daily Chronicle</b> <b>9:30 Wednesday Devotion and discussion.</b> 10:00 Move it or lose it! Ball throw 11:00am Music Trivia YouTube 1:00pm 1:1's A & B hall <b>2:00pm Music Therapy w/ Allen</b> 2:30 Hump Day Bingo 4:00 Board games/ Card games 5:00pm Evening 1:1's	<b>HAPPY NEW YEAR!</b> <b>Welcome January!</b> 9:00am Coffee and Daily Chronicle 10:00 New year's Resolutions 11:00 What's new in the news? TV <b>1:00pm 1:1's A &amp; B hall</b> 2:00pm Refreshments <b>2:30pm Lets stretch out</b> <b>3:00pm New Years BINGO!!</b> New Year's Day	<b>National Georgia state day!</b> 2 9:00 Coffee and Cocoa 9:30 Daily Chronicle reading 10:00 Happy Birthday Georgia! History of the state of Georgia. 10:30 Ray Charles song "Georgia on my mind" YouTube 1:00pm 1:1's A & B hall 2:30 Bingo 4:00pm Dinner and a Movie "RAY" <b>4:30pm Peach Parfaits</b>	<b>9:00 Morning Coffee &amp; weekend news</b> <b>10:00 Morning Devotion</b> 10:30 Earth Odyssey <b>11:00 Saturday Stretching</b> 11:30 Story Time 2:30 Bingo 4:00pm Game Time w/Dre <b>5:00pm Evening News TV</b>
<b>9:30 Living Waters Church!</b> 11 10:00 Coffee Social Hour 10:30 What Am I? <b>11:00 Sunday Stretch</b> <b>1:30 Elevation Worship YouTube</b> 2:30pm Refreshments 3:00 Book Club reading	<b>National Hot Tea Day</b> 12 9:00am Hot tea & Coffee 9:30 What's for Lunch? 10:00 Table Talk - Weekly Update 10:30 "Put your John Hancock Here" <b>11:00 "Move it or lose it"</b> 1:00pm 1:1's A & B hall 2:30 Bingo 4:00pm What's in a Name? 4:30pm "Pre dinner relaxation" Hot beverage & soft music	<b>Ring Ring Day! Telephone</b> 13 9:00am Morning Java <b>9:30 Morning Yoga</b> 10:00 Alexander Graham Bell History 10:30 "Let me tell you something in your ear" game 10:30 Trip down Memory Lane 1:00pm 1:1's A & B hall 2:00pm "Bells are ringing" Classic 1966 Movie with popcorn 4:00 Movie Questions!	9:00am Coffee & Daily Chronicle <b>9:30 Wednesday Devotion and discussion.</b> 10:00 Move it or lose it! Ball throw 11:00am Music Trivia YouTube 1:00pm 1:1's A & B hall <b>2:00pm Music Therapy w/ Allen</b> 2:30 Hump Day Bingo 4:00 Board games/ Card games 5:00pm Evening 1:1's	<b>It's a Happy Day! Debut of 15 the show "Happy Days" 1974</b> 9:00am Coffee & Daily Chronicle 9:30am "Happy days" show YouTube 11:00 Winter activity w/ Misty 1:00pm 1:1's A & B hall <b>2:30pm BINGOCIZE Program</b> 4:00 Meditation & Mindfulness	<b>National Fig Newton Day</b> 16 9:00 Coffee, Cocoa & Current events 9:30 Move it or lose it! 10:00 Dragon Day 10:30 How to Train Your Dragon 1:00pm 1:1's A & B hall <b>2:30 Fig Newton Bingo</b> 4:00pm Dinner and a Movie 5:00pm Evening 1:1's	9:00 Morning Coffee & weekend news <b>10:00 Morning Devotion</b> 10:30 Bingo <b>1:30 Saturday Stretching</b> 2:30pm BINGO 4:00pm Game Time w/Dre 5:00pm Evening News TV	<b>9:00 Morning Coffee &amp; weekend news</b> <b>10:00 Morning Devotion</b> 10:30 Bingo <b>1:30 Saturday Stretching</b> 2:30pm BINGO 4:00pm Game Time w/Dre 5:00pm Evening News TV
<b>9:30 Living Waters Church!</b> 18 10:00 Coffee Social Hour 10:30 Tulip Day Holland tour <b>11:00 Sunday stretch</b> <b>1:30 Bible trivia YouTube</b> 2:30pm Refreshments <b>4:00 Drumming Therapy</b> <b>5:00 Reminiscences</b>	9:00am Coffee & Daily Chronicle 9:30 What's for Lunch? 10:00 Table Talk - Weekly Update 10:30 The Voice Heard Around the World 11:00am What does this day mean to you? <b>11:30 Lets Wake Up &amp; Stretch</b> 1:00pm 1:1's A & B hall 2:30 Bingo 4:00pm "SELMA" movie Martin Luther King Jr. Day	<b>Disco Day!</b> 19 9:00am Morning Java <b>9:30 Morning stretch</b> <b>10:00 "Saturday night fever" Movie w/ Popcorn</b> 1:00pm 1:1's A & B hall 2:00 How did Disco Start? YouTube <b>2:30 "The great Ronaldo" Magician Entertainment &amp; BIRTHDAY PARTY!</b> 4:00 Coloring Therapy	<b>SC Dog Therapy Day</b> 20 9:00am Coffee & Daily Chronicle <b>9:30 Wednesday Devotion and discussion.</b> 10:00 Therapy Dogs community 10:30 Move it or lose it! Chair dance 1:00pm 1:1's A & B hall 2:30 Hump Day Bingo 4:00pm RESIDENT COUNCIL 5:00pm Worship w/ Amanda	9:00am Morning Java & World news <b>10:00 SCOTTERCIZE W/ Scott</b> 11:00 1:00pm 1:1's A & B hall <b>2:00pm Bays Southern Gospel entertainment</b> 4:00 Meditation & Mindfulness 5:00pm Trip down Memory Lane YouTube	9:00 Coffee, Cocoa & Current events <b>9:30 Move it or lose it!</b> 10:00 We love Rock N' Roll <b>11:00 Saxophone with Louie!</b> 1:00pm 1:1's A & B hall 2:30 Bingo <b>4:00 KARAOKE FUN!!</b> 5:00pm Dinner and a Movie 5:00pm Evening 1:1's	9:30 Morning Coffee & weekend news <b>10:00 Morning Devotion</b> 10:30 Earth Odyssey <b>11:00 Saturday Stretching</b> 11:30 Story Time 2:30 Bingo 4:00pm Ice Cream Social	9:30 Morning Coffee & weekend news <b>10:00 Morning Devotion</b> 10:30 Earth Odyssey <b>11:00 Saturday Stretching</b> 11:30 Story Time 2:30 Bingo 4:00pm Ice Cream Social
<b>9:30 Living Waters Church!</b> 25 10:00 Coffee Social Hour <b>10:30 Bible Trivia Youtube</b> <b>11:00 Sunday Stretch</b> <b>1:30 Elevation Worship YouTube</b> 2:30pm Refreshments 3:00 Book Club reading	<b>ACTIVITY PROFESSIONAL WEEK</b> 26 9:00am Coffee & Daily Chronicle 9:30 What's for Lunch? 10:00 Table Talk - Weekly Update 10:30 Wheatless and Meatless Day WW2 Get ready to taste the past! <b>11:00 "Move it or lose it"</b> 1:00pm 1:1's A & B hall 2:30 Bingo 4:00pm What Activity professionals really do YouTube	<b>National strange socks day</b> 27 9:00am Morning Java and world news <b>9:30 Morning Yoga</b> 10:00 Lets create some crazy socks! craft <b>1:00pm 1:1's A &amp; B hall</b> 2:00pm "Sock it to me" fashion show! 3:00 Refreshments 4:00 Board Games/ Card games 5:00pm Evening 1:1's	9:00am Coffee & Daily Chronicle <b>9:30 Wednesday Devotion and discussion.</b> 10:00 Move it or lose it! <b>11:30 Midway Church of God!</b> 1:00pm 1:1's A & B hall <b>2:00pm Music Therapy w/ Allen</b> 2:30 Hump Day Bingo 4:00pm Mocktails 5:00pm Evening 1:1's	<b>Disney Day</b> 28 9:00am Morning Java & World news 9:30 The benefits of doing Puzzles 10:00 Lets do a puzzle together 11:00 Name That Disney Tune! YouTube 11:30 "Sleeping Beauty" Movie 1:00pm 1:1's A & B hall <b>2:00 Crockpot Cobbler!!</b> 4:00 Afternoon stretch 4:30 Pre dinner relaxation	Have FUN @ WORKDAY!! 9:00 Coffee, Cocoa & Current event 10:00 Move it or lose it! 10:30 Boo Boo the Clown 11:30 Fun Filters Friday!! 1:00pm 1:1's A & B hall 1:00pm Walking Tacos W/ Misty & pictures in Staff breakroom & Unit B 2:30 Bingo 4:00pm Dinner and a Movie 5:00pm Evening 1:1's	9:30 Morning Coffee & weekend news <b>10:00 Morning Devotion</b> 10:30 Earth Odyssey <b>11:00 Saturday Stretching</b> 11:30 Story Time 2:30 Bingo 4:00pm Game Time w/Dre 5:00pm Weekend Movie	9:30 Morning Coffee & weekend news <b>10:00 Morning Devotion</b> 10:30 Earth Odyssey <b>11:00 Saturday Stretching</b> 11:30 Story Time 2:30 Bingo 4:00pm Game Time w/Dre 5:00pm Weekend Movie